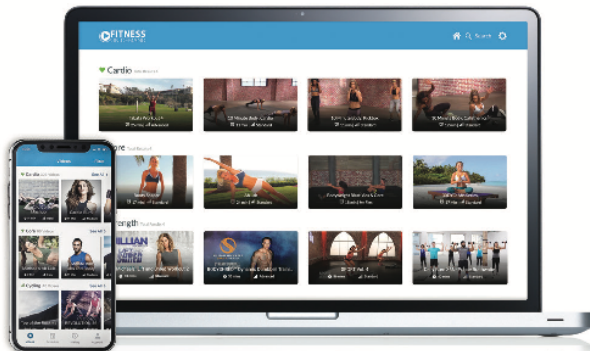


We are excited to offer Virtual Training and Classes as part of HealthSmart Virtual Membership!



NOW AVAILABLE ON-THE-GO

Can't make it to the gym? No problem! Stream FitnessOnDemand™ virtual workouts directly from your phone or computer, where ever you are.



- ✓ Hundreds of classes from the world's top instructors
- ✓ Available 24/7
- ✓ Strength. Cardio. Yoga. HIIT + more!

***Join today for only \$5 a month!
Just email doug_ballard@att.net to sign up***

JILLIAN
MICHAELS

GymRa

SWEAT
FACTOR

PILOXING

SHIFT

TONE-SHRED

STRONG
BY ZUMBA